**Activity 1**

Pick a well-known sports person and do a small project finding out about their life as well as their sporting achievements.

**Activity 2**

Lili was born in China as was Eric Liddell. Lili was adopted by British people and Eric’s parents were British. Find 5 comparable, interesting facts about Britain and China.

**Activity 3**

You may love sport and participating, you may not. Set yourself a challenge and see if you can achieve it. Remember all of Lili’s advice about preparing and setting your mind to it.

**Activity 4**

Design a pair of trainers.

**Activity 5**

Do you know the film about Eric Liddell’s 1924 Olympic run “Chariots of Fire”? If you can’t watch the whole film, you should be able to see parts of it on the internet and hear the famous music by Vangelis.

**Activities for….**

**The Race by Roy Peachey**