**Activities for…  
Earth to Daniel by Gwyneth Rees**

**Activity 1**

Daniel likes going to the library, even although his mum thinks otherwise. He likes to read the first chapter of a book to make sure he will like it. Tell the others in the group, how you choose your books. Also, tell the others about one of your favourite books.

**Activity 2**

Daniel’s mum suffers from mental illness, leading to her having to go to hospital. Do some research into what help is available for young people who have a parent/carer and find themselves in this situation. Your group can then perhaps run an awareness campaign in your school.

**Activity 3**

Daniel attends a support group. Sometimes they write down 10 reasons why they felt or reacted as they did. For fun give each other a subject and then write down 10 reasons why e.g. 10 reasons why I didn’t want to go to… or 10 reasons why I pretended that I couldn’t go to school…. Share your answers in the group, they can be as funny and silly as you want.